

MIDDLE PHASE OF LEARNING



Useful Tips for Students

Starting high school can be a big deal but here are some tips that will help you as you move from primary to secondary school.

What can I do while I'm still in Year 7?

- **Talk about high school with your friends and other Year 7 students**
They may be feeling the same as you and chances are someone in your school will be going to the same high school as you.
- **See if you can talk to someone who is already in Year 8**
Anybody's big brother or sister will do. Who knows, they might actually know something you don't!
- **Talk things over with the people who care for you most**
Ask a few questions about the school you will be going to, like what types of subjects you can take, sports you can play and other activities you can be involved in.
- **Try to check out your new school before hand**
It will pay to know where Year 8 assembly is held, what the classrooms look like and where the tuckshop and toilets are located. There's no harm in asking.

What should I do when I start Year 8?

- **Don't panic!**
Write things down as they come to mind and talk to your parents, friends or teachers about your concerns. Check out your school diary — it's chock full of useful stuff.

- **Stick to a routine**
This will help you get everything done that you need to get done in a day, especially homework and assignments, and still leave you with time to spare. Your school diary will help you organise your week.
- **Try to relax**
Going to high school is a learning experience. You're not supposed to know everything before you get there. It's okay to have questions.
Talk through any problems with your teachers or year coordinator. These people want you to succeed, but they aren't mind readers. If there is something you are concerned about, let them know.
- **Get into things**
Sport, music, drama, debating — there will be plenty to do before and after school as well as on the weekend — and a whole group of new friends to meet.
Find out about your student council and read your school newsletter to keep in touch and stay informed.
- **Enjoy yourself**
Look at the positives of being at high school — new school, new teachers, and more choice in what you study.

